

## COVID-19 Re-Opening Plan

Please read the following to understand how we will be offering programs during our Re-Opening Phase.

There will be many changes during our Re-opening Phase that will protect our Staff, Swimmers and Families. Please be sure to read the **below before registering for lessons**.

### LESSONS

Our Re-Opening Phase is an 8-week session beginning on October 22<sup>nd</sup>, 2021

In order to comply with the imposed restrictions, we have had to alter our method of swimming instruction. During the Re-Opening Phase Only physical contact with our swimmers will be minimal. *While we understand this is not optimal, it is necessary in order for us to safely re-open and get your child(ren) in the water.*

The following modifications are necessary at this time:

- ◇ Parent and Tot classes will not be offered
- ◇ Instructors will not have Assistants to help in their classes
- ◇ Make up lessons will not be offered
- ◇ Instructors will not be able to discuss swimmer progress at end of each class
- ◇ Report Cards will not be given out at end of session

**PLEASE BE CERTAIN THAT YOUR CHILD IS READY FOR  
INDEPENDENT LESSONS WITH AN INSTRUCTOR**

Unfortunately, due to the space/capacity limitations and physical distancing guidelines, our Instructors will not be allowed to hold, carry, piggy-back or hold hands with our swimmers. It is imperative that your child **will comfortably and happily** go in the water with an Instructor. Please understand that this is not the ideal time to start reluctant swimmers or young swimmers that need the extra time and coaxing to go in the water.

*Please do not worry if this is not the right time for your child to be in lessons, our hands-on teaching approach will slowly return as restrictions change in compliance with Toronto Public Health and Government regulations/orders.*

## CLASS SIZES

- ◇ Private 20-minute Lessons for: Sea Turtle, Sea Otter and Swim Kids 1 classes

To keep contact to a minimum, Parents have the option to be in the water to help their children. However, all parents must come prepared to go in the water (please bring/wear your bathing suit) in case your swimmer is/becomes uncomfortable.

*(Don't worry, Parents do not need to swim, they just need to hold/assist their swimmers)*

## THE FOLLOWING CLASSES ARE FOR SWIMMERS ONLY

*Parents are welcome to watch from our designated areas*

- ◇ Semi-Private 30-minute Lessons for: Salamander, Sunfish, Crocodile and Whale classes
- ◇ Semi-Private 30-minute Lessons for: Swim Kids 2, Swim Kids 3, Swim Kids 4, Swim Kids 5
- ◇ Semi-Private 40-minute Lessons for: Swim Kids 6, Swim Kids 7, Swim Kids 8, Swim Kids 9 and Swim Kids 10
- ◇ Private 30-minute Lessons for: Swim Kids 2 -> Swim Kids 10 upon request
- ◇ Bronze Medallion, Bronze Cross and Water Safety Instructor Courses will be offered

## SCREENING

- All Parents/Guardians and Swimmers over 11 years of age must show proof of double vaccination at their first lesson
- Temperatures will be taken and recorded.
  - Only one Guardian/Spectator will be allowed entry to facility with participants. We ask that the same Parent/Guardian accompany their swimmer throughout the session. When this is not possible, please inform the office asap and know that the alternate Guardian must show proof of double vaccination.
- Everyone will be asked to use the provided hand sanitizer
- Everyone will be screened upon entry by answering TPH Screening Questions.

*Anyone answering 'Yes' will be asked to return home and contact their healthcare provider or Telehealth Ontario*

**Please stay at home if you, your swimmer or anyone in your household is sick or has travelled.**

## MASKS

- **Masks must be worn at all times throughout the facility.**
  - Swimmers may remove masks when entering the pool. Instructors will wear Face Shields when in the pool. If in the water, Parents/Guardians must wear either a Face Shield or mask, depending on their comfort level.

## PHYSICAL DISTANCING

- We will be operating at well below 50% capacity of the indoor space. Reduced Instructing staff and staggered classes will minimize interaction between swimmers in the pool, on deck and in changerooms
- Seating in pool area is limited and will be clearly marked to maintain 2m distance between Parent/Guardian. Seating will be on a first come, first serve basis. When seating is at capacity, Parents/Guardians will only be allowed to stand on the deck in **marked areas.**
- The required 2m Physical Distance between Instructor *and* Swimmer will be maintained in classes where effective teaching can be maintained

**In emergency situations,** Instructors may need to have contact with swimmers in order to assist them

## CHANGEROOMS

Everyone will use the provided hand sanitizer prior to entering the changerooms

## MALVERN

- **All changerooms are now unisex.** You will enter the pool area through one changeroom and exit the pool area through a different changeroom. Parents must take all belongings with them to the pool area. Staff will be present to assist our families.
- Changerooms will be set up with signage to assist in maintaining a 2m physical distance
- Changeroom areas will be sanitized after each use and signage will be used to indicate cleaned areas.
- Showers are available for use prior to the lesson. We encourage all swimmers to wear their bathing suit to the pool. While Changerooms/showers are available for use after the lesson, we encourage swimmers to shower at home instead and use a 'Wrap n' Go' system after the lesson.

## MONARCH PARK

- We will continue to use male/female changerooms
- Changerooms will be set up with signage to assist in maintaining a 2m physical distance
- Changeroom areas will be sanitized after each use and signage will be used to indicate cleaned areas.
- Showers are available for use prior to the lesson. We encourage all swimmers to wear their bathing suit to the pool. While Changerooms/showers are available for use after the lesson, we encourage swimmers to shower at home instead and use a 'Wrap n' Go' system after the lesson.

## REGISTRATION INFORMATION

If you agree to the above guidelines, please register on:

### **Beach Swim School Registration**

**Saturday October 16<sup>th</sup>, 2021**

*via our website*

**All Past Participants -> Registration begins at NOON**

**New Participants -> Registration begins at 3:00pm**

Please email [beachswimschool@yahoo.ca](mailto:beachswimschool@yahoo.ca) with any questions

### PLEASE NOTE:

All Instructors and Staff at Beach Swim School are fully vaccinated.

All restrictions and above protocols could change at any time, without warning, in compliance with Toronto Public Health and Government regulations/orders.